

2009 / 2010  
Garden Park Medical Center

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## Monday Night -6 Week Series Childbirth Classes

Series Starts- **2009** August 24, 31 and September 14, 21, 28 and October 5

Series Starts- October 19, 26 and November 2, 9, 16, 23

Series Starts - December 1, 14 and **2010** January 4, 11, 18, 25

Series Starts- February 1, 8, 15, 22 and March 1, 8

Series Starts- March 22, 29 and April 5, 12, 19, 26

Series Starts- May 10, 17, 24 and June 7, 14, 24

Series Starts- July 12, 19, 26 and August 2, 9, 16, 23

Series Starts- September 6, 13, 20, 27 and October 4, 11

Series Starts- October 25 and November 1, 8, 15, 22, 29

Series Starts- December 6, 13, and **2011** January 3, 10, 17, 24

## Monday Night- Monthly Breastfeeding Class 6-7 PM

**2009**, September 21, October 5, November 16 December 14

**2010** January 18, February 15, March 8, April 26, May 24, June 24, July 26, August 23,  
September 13, October 11, November 15 and December 13

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## Saturday, Monthly Childbirth Class/ Breastfeeding Class

### **2009 / 2010**

One Saturday Each Month

Childbirth Class from 9AM to 2 PM &

Breastfeeding Class from 2 PM to 3:30 PM

Followed By

### **2009**

September 12 ----- New Mom's Class – 4:00-4:45 pm

October 10----- Sibling Class– 4:00-4:45 pm

November 14 ----- New Mom's Class – 4:00-4:45 pm

December 12 ----- Sibling Class– 4:00-4:45 pm

### **2010**

January 9----- New Mom's Class – 4:00-4:45 pm

February 13 ----- Sibling Class– 4:00-4:45 pm

March 13 ----- New Mom's Class – 4:00-4:45 pm

April 10 ----- Sibling Class– 4:00-4:45 pm

May 8 ----- New Mom's Class – 4:00-4:45 pm

June 12----- Sibling Class– 4:00-4:45 pm

July 10 ----- New Mom's Class – 4:00-4:45 pm

August 14 ----- Sibling Class– 4:00-4:45 pm

September 11 ----- New Mom's Class – 4:00-4:45 pm

October 9----- Sibling Class– 4:00-4:45 pm

November 13 ----- New Mom's Class – 4:00-4:45 pm

December 11 ----- Sibling Class– 4:00-4:45 pm